Meriden Public Library

www.meridenlibrary.org February 2012

Take Your Child To The Library Day February 4

Saturday, February 4th has been designated as "Take Your Child To The Library Day". Libraries throughout Connecticut and Canada will be offering a variety of FREE programming for families. The Tomie dePaola Children's Library of Meriden Public Library will offer two programs that day.

At 10:30 am. "Animal Embassy" will present their program "World Wildlife". Children will be allowed to connect through hand-on interaction with this live animal presentation. These exotic animals are found throughout the world.

At 2:00 pm, "Mr. Gym" Chris Keithan's performance will focus on creative movements, using his guitar, vocals, and unique instruments to engage participants in singing and dancing. Shake off your winter chills with this action packed event.

Both programs are sponsored by "The Friends Of The Meriden Public Library". FREE tickets for both programs will be available in the Children's Library beginning January 17th. Please call the Children's Library for more information at (203) 630-6347.

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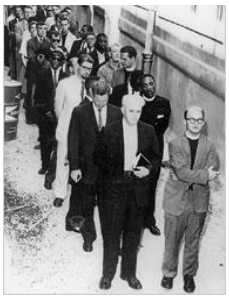
Freedom Riders, Dr. Martin L. King Jr. And Pastor Ralph Lord Roy



Rev. Ralph Lord will be speaking about Dr. Martin Luther King Jr. and his experiences working with Dr. King on Saturday, February 11 at 2:00 pm in the Griffin Room.

The year 2012 marks the 50th anniversary of the second arrest and imprisonment of the Rev. Ralph Lord Roy, an area resident. In August 1962 he responded to the request of Dr. Martin Luther King, Jr., and led a 'Prayer Pilgrimage' to Albany, GA. This resulted in the largest simultaneous incarceration of clergy in American history.

The Rev. Roy was pastor of an African-American congregation in Harlem at the time, and went to Albany in July 1962 to attend the trial of Dr. King who had been jailed for 'parading' without a permit. After the trial, he remained to work with Dr. King, became well-acquainted with him, and participated in the efforts of the Albany Movement to battle segregation and other forms of discrimination. He will share his personal memories of Dr. King as well as harassing experiences he had while in Albany.

Pastor Roy also will tell of his arrest and jailing as a Freedom Rider during the previous year, in June 1961, in Tallahassee, Fla. This past spring he was among the guests of Oprah at one of her last television shows on CBS as she paid tribute to surviving Freedom Riders on the 50th anniversary of their bold bus excursions into the South. Of the ten clergy arrested on his Interfaith Freedom Ride, only three are alive.

The Rev. Roy is a retired United Methodist minister who now resides in Southington. He is a native of northwestern Vermont who was educated at Mt. Hermon School, Swarthmore College, Columbia University and Union Theological Seminary. After his ministry at churches in Harlem and Brooklyn, he came

See PASTOR ROY - continued on page 3

Chi Kung

David Ritchie, co-director of Central Connecticut Tai Chi Ch'uan, will demonstrate Chi Kung on Saturday, February 25 at 2:00 pm in the Griffin Room. Chi Kung is the Ancient Chinese exercise of moving one's energy for health and dates back over 3,000 years. Chi Kung, also spelled Qigong, utilizes energy know as Chi and is the foundation for the practice of Tai Chi. In this presentation you will learn about the theory behind traditional Chinese medicine and participate in Chi Kung exercises for relaxation and health. Chi Kung can be practiced by anyone, either sitting or standing.

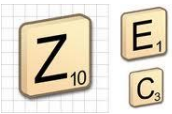
David Ritchie is co-director along with his wife Barbara, of Central Connecticut Tai Chi Ch'uan in Meriden which he founded in 1989. David began training in Martial Arts in 1969 and Tai Chi in 1973 and has trained in Tai Chi and Chi Kung in Malaysia, Hong Kong, and Bangkok, Thailand. David has also studied with numerous Masters and instructors in the U.S.

David has taught in numerous corporate settings such as the Hospital for Special Care in Bristol, ESPN, and the National Arthritis Foundation where he helped develop the Arthritis Foundation's National Tai Chi for Arthritis program. As an adjunct assistant professor at Quinnipiac University, he taught Tai Chi in the Physical Education Department and Medical Chi Kung in the Respiratory Care Department, the first such program in the country. This program is free and all are welcome.

Wednesday, February 1
6:30 pm

Bring your boards and enjoy the challenge of playing a new opponent.

Scrabble



Meriden Public Library hosts sessions for people who enjoy playing Scrabble. The sessions will be on Monday, February 13 and February 27 at 2:00 pm in the Marion Cook Room. All skill levels are welcome. Scrabble boards will be provided, but people are welcome to bring their own boards.

Meriden Page Turners

The Meriden Page Turners will be meeting this month on Thursday, February 9 at 11:00 a.m. in the Seminar Room at February's selection will be *The Borrower* by Rebecca Makkai.

Volunteer Income Tax Assistance Program

Meriden Public Library is hosting the Volunteer Income Tax Assistance Program to April 14. V.I.T.A., which is sponsored by the Internal Revenue Service, provides free help to taxpayers who cannot afford professional assistance or who have tax questions. Assistance in preparing Connecticut state tax forms will also be available.

The sessions will all take place in Meriden Public Library's Marion Cook Room. The schedule is as follows:

MONDAYS from 5:30 TO 8:00 PM on February 6, 13, and 27 (The Library is closed on Monday, February 20 to observe President's Day.) Call 203-630-6331 for an appointment between 5:30 and 7:30 pm.

WEDNESDAYS from 5:30 TO 8:00 PM on February 1, 8, 15, 22, 29; March 7, 14, 21, 28; April 4 and 11. Call 203-630-6331 for an appointment between 5:30 and 7:30 pm.

SATURDAYS from 10:00 AM TO 1:00 PM on February 4, 11, 18, 25; March 3, 10, 17, 24, 31; April 7 and 14. (Call 203-630-6331 for an appointment between 10:30 AM and 12:30 PM.

V.I.T.A. volunteers alert taxpayers to special credits and deductions for which they may be eligible. People interested in attending the V.I.T.A. program can stop in the library and pick up a list of the necessary documents you will need to bring. Contact the Community Services Department at (203) 630-6349 if you have questions about the tax assistance program.

Writer's Network

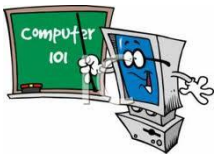
The Writer's Network will meet on Wednesday, February 8 at 7:00 pm in Griffin Room B and Tuesday, February 21 at 7:00 pm in Griffin Room A. The Writer's Network invites anyone who is serious about writing fiction or nonfiction, wants to learn the process of getting published, or needs support for writing a book proposal or query letter is welcome to attend.

Contact us

105 Miller St., Meriden, CT 06450

Information Desk - (203) 238-2346
Circulation Desk – (203) 238-2344
Children's Library – (203) 630-6347
Community Services/Bookmobile – (203) 630-6349

Computer Classes



Sign up for one of the free computer classes given monthly at Meriden Library. The February schedule is:

Basic Computers – Saturday, February 4 at 9:30 a.m

Resumes. (Please bring job history and education information to complete a resume.) – Monday, February 6 at 6:30 p.m. and Saturday, February 18 at 9:30 a.m.

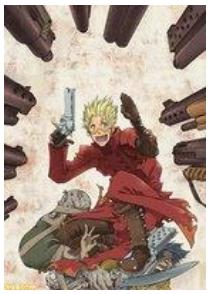
Job searching on the internet – Saturday, February 11 at 9:30 a.m. and Monday, February 27 at 6:30 p.m.

Email – Monday, February 13 at 6:30 p.m. and Saturday, February 25 at 9:30 a.m.

Computer Classes in Spanish – Weekly on Wednesdays at 5:30 pm and 6:30 pm; Saturdays at 10:00 am and 11:00 am.

Class size is limited. Contact the Community Services Department at (203) 630-6349 or the Information Desk at (203) 238-2346 to reserve a seat.

Anime Club



The Teen Anime Club will meet on Friday, February 10 at 2:30 pm in the Griffin Room. In celebration of Valentine's Day we will be quizzing each other on popular manga and anime couples. Afterwards we will be watching the new Trigun movie.

20 years after meddling into the bank heist of a notorious robber named Gasback, Vash the Stampede is heading towards Macca City. Rumors say that the legendary thief might appear there causing an enormous influx of bounty hunters in the area who want to collect the $300,000,000 prize for his head (description provided by Anime News Network).

Snacks and drinks will be provided. This program is for teens age 13-18. Sign up is not required but if you would like more information contact Melissa at mmurphy@ci.meriden.ct.us or call (203) 238-2347.

The Library will be CLOSED
Monday, February 20
To observe
President's Day

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Pastor Roy

to Connecticut in 1970 where he was the pastor at the First United Methodist Church of Meriden from 1979-1994. He also served in other communities among them Clinton, Milford, Hartford, and New Haven.

He is the author of three books; his 'minute messages' are heard on WJMJ and WTIC, his column appears in the *Record-Journal*, and he continues to write for various other newspapers and magazines.

This program is free and all are welcome.

Find us on Facebook Follow Us On twitter

Family Wound Patterns And Emotional Healing

Dr. Peter G. Sandwell will present the program "Family Wound Patterns and Emotional Healing" on Tuesday, February 7 at 6:30 pm in the Griffin Room. Learn how emotionally traumatic events that occurred to ancestors (2-5 generations back) can be passed down emotionally to children non-verbally.

Dr. Sandwell will illustrate how, why, and when the emotional impact from past traumatic events are revisited by the family in the present. Learn how these emotional revisitations are responsible for the onset of many emotional problems. He will share ways families can work together to dissipate the effects of these previous events.

Peter G. Sandwell MD is a child and adolescent psychiatrist with over 30 years of experience. He is a Phi Beta Kappa graduate of Georgetown University with a B. S. in Chemistry and a graduate of the Ivy League University of Pennsylvania School of Medicine. In addition to being a child psychiatrist, he is an expert family therapist.

Dr. Sandwell has been working with three generational family units over the past 24 years. He recently released a book written for the general public on three generational family dynamics titled "Solving People Problems for the Creation and Preservation of Family Wealth". He has a new book ready to be released titled "Tracing and Healing Family Wound Patterns". You can find Dr. Sandwell on Facebook at: Peter Sandwell MD. This program is free and all are welcome.

Lego Club

Meriden Public Library will have its next Lego Club on Tuesday February 21st from 2:00 to 3:30 in the Griffin Room. Children ages 6 through 12 are invited to bring their imagination and build on this month's theme – "Dragons and Dinosaurs". Completed projects will be put on display in the library. The library will provide Legos for all children who attend. Sign up is not required for this program and late arrivals are always welcome.

Comic Club

Do you enjoy reading manga, comics or graphic novels? Then come to the Meriden Public Library's Comic Club on Thursday, February 23 at 3:30 in Griffin Room A. We will be talking about our favorite comics and manga, giving away samples of current and future comics and brainstorming ideas for future Comic Club meetings. This program is for teens 13-18. Snacks and drinks will be provided. If you have any questions contact Melissa at (203) 238-2347 or mmurphy@ci.meriden.ct.us.

Tomie dePaola Children's Library

Story times continue through February. Contact the Children's Library at (203) 630-6347 if you would like more information.

Mondays
- 6:30pm - Kindergarten to 2nd Grade Story Hour

Tuesdays
- 10:15am -Independent 2 Years Old Preschool Program
- 11:15am -3-4 Years Old Preschool Program
- 1:15pm - 3-4 Years Old Preschool Program
- 6:30pm - 3-4 Years Old Preschool Program

Wednesdays
- 10:30am -2-3 Years Old w/ Parent Preschool Program
- 11:15am - 3-4 Years Old Preschool Program
- 6:30pm - 2 Years Old w/ parent Preschool Program

Thursdays
- 10:30am -Start on Stories Early Literacy Program

Don't forget "Bring Your Child To The Library Day" February 4th!

Bookmobile

The Bookmobile will be visiting the following facilities in February:

Wed., Feb. 1 – Easter Seals 9:00 am – 10:00 am; Bradley Home 10:30 am – 11:15 am.

Thu., Feb. 2 – Kindercare 9:30 am – 10:30 am; The Right Place 10:45 am – 11:15 am; Connecticut Baptist Home 2:00 pm – 3:30 pm.

Fri., Feb. 3 – Stork Club 9:30 am – 10:30 am; Miller Memorial 10:45 am – 11:15 am.

Mon., Feb. 6 – Center Congregational Nursery School 9:30 am – 10:00 am; Women & Families Center 10:15 am – 11:30 am; Village at Kensington Place 1:30 pm – 2:15 pm.

Tue., Feb. 7 – Catholic Charities 9:00 am – 10:15 am; Kinder Garden Learning Center 10:30 am – 11:30 am.

Wed., Feb. 8 – St. John's Nursery School 10:00 am – 11:00 am.

Thu., Feb. 9 – St. John's Nursery School 10:00 am – 11:00 am and 1:00 pm – 1:30 pm.

Fri., Feb. 10 – Meriden Center 10:00 am – 11:00 am.

Tue., Feb. 14 – Lil' Rascals 9:30 am – 10:15 am; Sunshine Day Care 10:15 am – 10:30 am.

Wed., Feb. 15 – First Congregational Nursery School 9:30 am – 10:30 am and 1:00 pm – 1:30 pm.

Thu., Feb. 16 – First Congregational Nursery School 9:30 am – 10:30 am. Carriage House Day Care Center 10:30 am – 11:30 am.

Tue., Feb. 21 – Meriden Child Care Center 9:15 am to 12:00 pm.

Wed., Feb. 22 – Headstart (Liberty St.) 9:00 am – 2:00 pm.

Mon., Feb. 27 – Midstate Christian Academy 10:30 am – 11:45 am.

Movies at the Library

Puss In Boots

Friday, February 24, 2012

2:00 pm

Griffin Room