

# Adult Summer Reading Documentary Recommendations



## hoopla



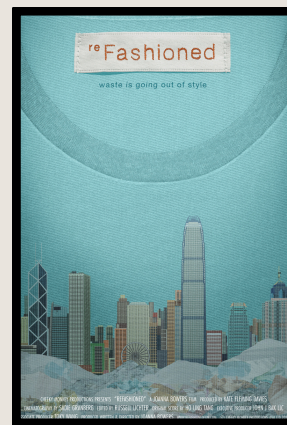
*Food, Inc.*  
(2009)



*Racing Extinction*  
(2015)



*Sustenance*  
(2020)



*Refashioned*  
(2021)



*Fashion Reimagined*  
(2023)

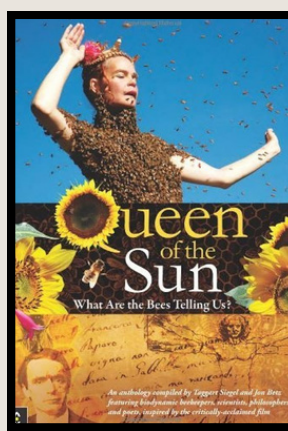
## kanopy



*No Impact Man: Living Eco-effectively*  
(2008)



*Sushi: Global Catch: The Origins and Industry of Sushi*  
(2011)



*Queen of the Sun: What are the Bees Telling Us?*  
(2011)



*Saving the Ocean*  
(2012)



*Seed: The Untold Story*  
(2016)

## Hoopla Environmental Documentaries

**Food, Inc.** (2009) – Reveals surprising and often shocking truths about what we eat, how it's produced, and who we have become as a nation. Includes celebrity PSAs, deleted scenes, and Nightline segment.

**Racing Extinction** (2015) – Oscar-winning director Louie Psihoyos (THE COVE) assembles a team of artists and activists on an undercover operation to expose the hidden world of endangered species and the race to protect them against mass extinction.

**Sustenance** (2020) – Sustenance is a feature-length documentary about food's journey around the world, exploring controversies revolving around food and its interconnectedness with justice, climate change, and sustainability.

**Refashioned** (2021) – Three passionate Hong Kongers strive to disrupt the textile and recycling industries by innovating sustainable solutions to change mindsets and transition towards a circular economy before the landfills overflow.

**Fashion Reimagined** (2023) – Trailblazing fashion designer Amy Powney is on a mission to create a sustainable collection from field to finished garment and transform the way we engage with fashion.

## Kanopy Environmental Documentaries

**No Impact Man: Living Eco-effectively** (2008) – What does it really take to live eco-effectively? For one year, Colin Beavan swore off plastic and toxins, turned off his electricity, went organic, became a bicycle nut, and tried to save the planet from environmental catastrophe while dragging his young daughter and his Prada-wearing wife along for the ride. Together they attempted to make zero impact on the environment while living right in the heart of Manhattan, and this is the sensational, funny, and consciousness-raising story of how they did it.

**Sushi: Global Catch: The Origins and Industry of Sushi** (2011) – In this meticulously researched documentary, filmmaker Mark Hall traces the origins of sushi in Japan to its status today as a cuisine that has spawned a lucrative worldwide industry. This explosion in demand for sushi over the past 30 years has brought with it problems of its own, as fish stocks have steadily depleted, threatening the balance of the ocean's ecosystems. Through extensive interviews with prominent industry representatives and environmental activists, Hall carefully presents the various solutions being proposed to the vexing issue of overfishing.

**Queen of the Sun: What are the Bees Telling Us?** (2011) – Queen of the Sun takes us on a journey through the catastrophic disappearance of bees and the mysterious world of the beehive. This engaging and ultimately uplifting film weaves an unusual and dramatic story of the heartfelt struggles of beekeepers, scientists and philosophers from around the world, including Michael Pollan, Gunther Hauk and Vandana Shiva. Together they reveal both the problems and the solutions in renewing a culture in balance with nature.

**Saving the Ocean** (2012) – Saving the Ocean is not just another doom-and-gloom TV show; it's about people solving problems. The news is grim: overfishing, pollution, coral reef troubles, and on and on. These problems are spread all over the two-thirds of the globe that is ocean. But a far-flung group of unsung heroes – scientists, conservationists, local communities – are hard at work inventing, advocating, and implementing solutions.

**Seed: The Untold Story: Defending the Future of Food** (2016) – Seed: The Untold Story follows passionate seed-keepers protecting our 12,000 year-old food legacy. These farmers, scientists, lawyers and indigenous people are fighting a David and Goliath battle to defend the future of our food. In a harrowing and heartening story, these heroes rekindle a lost connection to our most treasured resource and revive a culture connected to seeds.